








AMY WASHINGTON

POSTPARTUM DOULA AND NEWBORN CARE SPECIALIST

ABOUT ME

I have worked in the childcare field for over 30 years and I am passionate about providing exceptional care. No one family is like another. Each family is unique and requires services and attention to detail that fits their individual needs. I meet them there and spend time listening in order to understand their needs and desires. I love babies and I consider it a blessing to be able to help welcome them into their first stages of life. As an experienced Newborn Care Specialist, Postpartum Doula and Nanny, I train continually to enhance my expertise with multiples, preemies, and those with special mental and physical impairments. Each life is unique and treated with the utmost love and compassion. I also have expertise with scheduling and sleep-training infants and children.

CONTACT ME

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SPECIALIZED SKILLS

Postpartum Doula	<div style="width: 100%; height: 10px; background-color: #ccc;"></div>
Nanny Care	<div style="width: 100%; height: 10px; background-color: #ccc;"></div>
Newborn Care	<div style="width: 100%; height: 10px; background-color: #ccc;"></div>
Lactation Consultant	<div style="width: 100%; height: 10px; background-color: #ccc;"></div>
Sibling Care	<div style="width: 100%; height: 10px; background-color: #ccc;"></div>
Infant CPR & First Aid Certified	<div style="width: 100%; height: 10px; background-color: #ccc;"></div>

References provided upon request.

RESUME

EDUCATION AND TRAINING

- CERTIFIED LACTATION CONSULTANT - Academy of Lactation Policy and Practice
- POSTPARTUM DOULA - Doulas of North America
- CHILDBIRTH EDUCATOR - Lamaze International
- NEWBORN CARE SPECIALIST - Newborn Care Training Academy
- NEW PARENT EDUCATOR - Training through CAPP
- FIRST AID AND CPR CERTIFIED - American Red Cross First Aid and CPR
- BEREAVEMENT DOULA
- ADVANCED WORKING WITH MULTIPLES
- EARLY CHILDHOOD EDUCATION - Charles County Community College
- BIRTH DOULA TRAINING - ToLabor
- BREASTFEEDING SUPPORT PEER COUNSELOR - Lamaze International

POSTPARTUM DOULA

Live-In Care

Responsible for providing care for mothers and helping them transition into their new role of motherhood. My services also include caring for the baby and for the needs of the family. Including: caring for the siblings, the home, preparing meals and providing the essential support for the parents.

NEWBORN CARE SPECIALIST

Single and Multiples

Responsible for providing care, assistance and education after the parents bring their new baby home from the hospital and provide parents with essential care for their newborns. The duties include providing service for several weeks after birth and assisting parents with education skills on healthy eating, sleeping and care routines and scheduling. Educating parents on parenting skills and proper baby care techniques. The shifts vary from a daily schedule shift to 24-hour care. The duties include the baby's care, including bottle preparation if needed, baby laundry and nursery organization.

FAMILY CARE EXPERIENCE

The below information lists the care and experience with twins and high-risk deliveries. A full list of the experience ranging from 1989 to the present is available upon request.

- Kutner Family** - Provided 24/7 care from August 2019 to September 2019
- Siskind Family** - Provided 24/7 care from July 2019 to August 2019.
- Coe Family** - Provided 24/7 care for twins. Required out-of-state travel to Texas. Care was rendered from September 2018 to May 2019.
- Ashley and Mallory Sandridge** - Provided care for twin boys, born at 34 weeks with a reflux condition from April to May 2018.
- Nickel Family** - Provided overnight care for newborn twins for 2 months in 2017.
- Gottwald Family** - Provided 24/7 care and overnight care for newborn twins for 3 months in 2017.
- Simon Family** - Provided overnight care for newborn twins for 2 months in 2017.
- Wilson Family** - Provided overnight care for newborn twins for 11 months in 2017.
- Barber Family** - Provided care for a Down Syndrome newborn with breathing issues and requiring oxygen. Provided care prior to and post-surgery for 1 month.
- Drake Family** - Provided overnight newborn care for preemies born at 31 weeks with Sandifer's Syndrome for 4 months in 2017.
- O'Dell Family** - Provided overnight care for newborn, micro-preemie with severe reflux and breathing issues. Provided care for 3 months in 2017.
- Husson Family** - Provided overnight care for newborn twins for 3 months in 2016 and 2017.
- Blackburn Family** - Provided overnight care for newborn twins for 3 months in 2015.
- Passman Family** - Provided overnight care for newborn twins for 3 months in 2014.
- Sureja Family** - Provided overnight and nanny care for newborn twins from 2008 to 2011.